

Packing List

- Camping gear**
- Rain gear**
- Pillows (all 3)**
- Sleeping bag/sheets**
- Toiletries**
- Survival snacks**
- Battery pack**
- Weather-appropriate clothes and towels**
- Sunscreen**
- Oxygen**
- Food/water**
- Hiking shoes and non-hiking shoes**
- Pain management items (roller, cane, TENS, balls)**
- Laptop and charger**
- Extension cord (big one)**
- Sticks**